

Lausanne University (Switzerland) September 9th- 11th 2014

Work and Spirituality Association

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Key issues of the program

- Trends in the meaning of work : past, present and future
- Work and health: a political issue?
- Healthy workplace: an expanded concept
- Is work beneficial for the human beings?
- Global health : an illusion ?
- Unionists' and managers' points of view on the social responsibility of entrepreneurs and salaried workers
- Personal stories: managers, head hunters, students, artists, sports stars...
- Stories of well managed burnouts
- New methods of health management in enterprises
- Well-being at work and economic peace: utopia?
- SME managers's health
- Leadership and meaning
- Effects of meditation on the brain
- Neuroscience, spirituality and stress at work: myth or reality?
- Suffering at work
- Spirituality and the brain
- Stress management through mindfulness

Work: a factor of « Good Health » for the individual and the company!

1ST INTERNATIONAL CONFERENCE WORK AND SPIRITUALITY

ETHICS - SCIENCE - MANAGEMENT—HEALTH

Is life at work worth living?

DON'T MISS THIS IMPORTANT EVENT!

For the first time, "decision makers", i.e. entrepreneurs, managers, HR managers, politicians... and researchers in all areas, i.e. experts in ethics of economy/finance, management, scientists (neuroscience), professionals in occupational health, "caregivers" in the broad sense... and the public of all those who want to be well informed in that area, that has a central position in our society and in their life... will share

their knowledge and their experiences of the new values that are emerging in the world of work.

These converging views will open new pathways to progress and to answering the growing need of values and meaning, necessary for progress towards a better global health of individuals, of companies, and of society.

REGISTER NOW!

www.travail-spiritualite.org





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Work to build up the human being?

Why this Conference?

Work has a central position in our society and, either directly or indirectly, in the lives of most people. It is vital in both the real and the figurative senses. It suffers however from a globally negative image and from tenacious prejudices that tarnish it, having roots that are historical, cultural, political and economic. The current ethical and economic decline, illustrated by degrading or extremely stressful working conditions leads all too often to depression or even suicide. This triggers an increasing indignation in the population and also recognition of the problem in some circles showing that it is becoming urgent to make a radical change of direction.

The ravages of the detrimental factors at the workplace are largely publicized, studied and discussed; but this is not the case for the positive and "constructive" aspects of work. However, knowledge in this field is progressing but remains too much behind the scenes. Discoveries about the brain for example, such as its function, architecture and neuronal plasticity, are extremely important and open the way to significant progress.

The need of values and a sense of involvement with one's work is becoming more and more manifest. This can be summarized in a "spiritual" concept that has to be analyzed through cross-fertilizing approaches from different disciplines such as philosophy, sciences, management, psychology, health and many others.

It is therefore important to highlight these advances and positive perspectives in the field of work and to make links with the challenges of public health and of occupational stress. Work should not be considered only in financial terms, but also for its effects on the emotional wellbeing of those who perform it. Work has to recover its genuine value – its right place – so that it may generate well-being and promote positive development of individuals and of society.



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Target audience

- "Decision makers", i.e. entrepreneurs (SMEs), managers, CEOs, stakeholders, HR managers, politicians, in short those who bear responsibility for the working conditions of the people they lead.
- Social partners according to the International Labour Organization): representatives of employers, employees and government.
- All "multipliers" (those who "transmit"): teachers, coaches, leading lights in our society, etc.
- "Caregivers" in the broad sense and social aid providers: doctors, nurses, psychotherapists, psychologists, psychoanalysts, educators, social workers, etc.
- Researchers and scientists in all areas concerned and professionals in Occupational Health
- All those who seek to make sense of different areas of their lives and to exploit in this context, their creative skills

Why come?

- To hear and learn
- To discover and improve one's knowledge
- To exchange and confront opinions

Don't miss this Conference! Register now online